



Collaborative Action *for* Family Engagement

Learning at Home



Photo by Monstera

Productions, Pexels

This November, we at CAFE are thankful for you! Read on for new resources to support school and family partnerships, and opportunities to support learning at home.

What is CAFE?

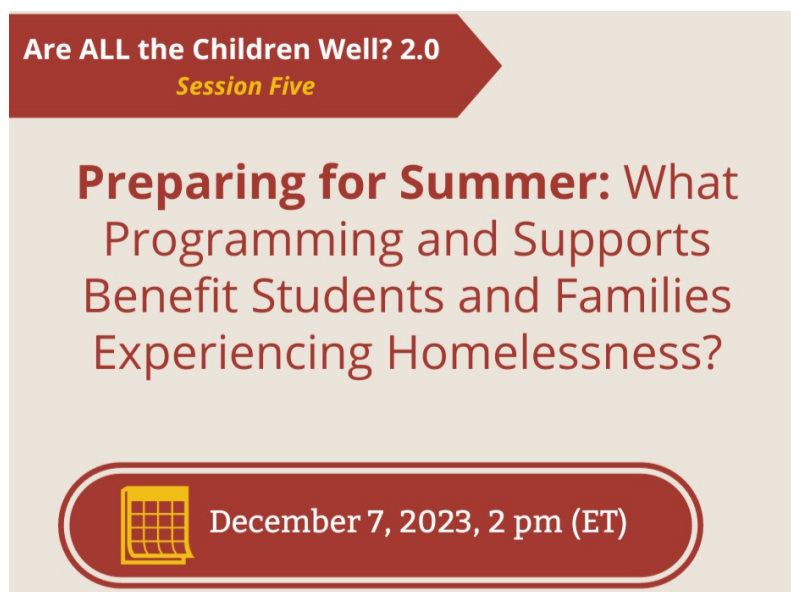
Collaborative Action for Family Engagement (CAFE) is a program at MAEC serving Maryland and Pennsylvania. We engage in high-impact, culturally responsive family engagement. By building partnerships among schools, families, and community organizations, we improve all students' development and academic achievement.

New from CAFE



[Native American Heritage Month resources](#) (webpage)

This Native American Heritage Month, we celebrate the histories, cultures, and contributions of Native Americans. We invite you to expand your knowledge and awareness of the experiences and histories of Native Americans. From lesson plans to movie recommendations, our resource list can help get you started.



[Preparing for Summer: What Programming and Supports Benefit Students and Families Experiencing Homelessness?](#)(webinar)

Join us as we explore this topic and related strategies to ensure that students who experience homelessness have equitable access to the resources they need over the summer.

Resources for Families

You Are an Advocate!



Photo by Barbara Olsen,

Pexels

You are your child's best advocate. Need strategies to help you along the way? Check out the resources below.

[**Help Your Child Cope With Holiday Social Stress**](#) (webpage)

PBS

Reconnecting with or meeting new people can feel very stressful for children - especially during busy holiday gatherings. If you have a sensitive child in your life, there are some easy ways to support your child during the holidays.

[**Family Engagement Toolkit**](#) (PDF)

Gear Up Utah

This toolkit provides a list of considerations and recommendations, checklists, and sample documents to assist staff and schools to develop successful strategies to engage families in fostering their child's academic and career success.

Financial Literacy is a Family Matter



Photo by PNW Productions,

Pexels

Parents are their children's first teachers, and when kids learn financial literacy from a young age, they are more likely to make wise financial decisions as they grow up. By using the resources below, families can build a strong financial foundation and learn how to teach their children about this important life skill.

[**Fostering Financial Literacy for Youth Resource List**](#) (PDF)

Partnership for Afterschool Education

This resource list provides afterschool staff with access to information needed to provide relevant and up to date financial education to the youth they serve. The list includes links to tools, lesson plans, and articles to help staff develop financial literacy lessons. The topics covered include budgeting and saving, college financial aid packages, credit cards, debts and loans, and investment.

[Practical Money Guides: Complete Set](#) (PDF)

Practical Money Skills

This complete set of 6 Practical Money Guides educates consumers on the key issues of financial responsibility. The set covers everything from credit cards, to budget basics, to the ins and outs of credit history.

Mindfulness Corner



Photo by Alex

Green, Pexels

Mindfulness practices can be helpful for families and children to reduce stress and anxiety, improve focus and emotions, and promote better sleep and well-being. The resources below can support your mindfulness journey whether you're new to mindfulness or looking for additional resources.

[Spotlight on Digital Well-Being for Teens](#) (PDF)

Education Week

A collection of articles hand-picked by Education Week editors for their insights on how social media is affecting many teen girls' sleep and mental health, tips to support students' mental health, how social media habits can influence preteens' brain development, research on the link between achievement and SEL, and more.

[Supporting Child and Student Social, Emotional, Behavioral, and Mental Health Needs](#) (PDF)

U.S. Department of Education

This resource highlights seven key challenges to providing school- or program-based mental health support across early childhood, K-12 schools, and higher education settings, and presents seven corresponding recommendations.

Are you on X? Follow [@CAFE_MAEC](#) for the latest CAFE news!



MAEC's [Collaborative Action for Family Engagement](#) (CAFE) program is funded by the US Department of Education under Title IV, part E of the Elementary and Secondary Education Act of 1965 (ESEA). CAFE is one of twelve statewide family engagement centers.

MAEC is committed to the sharing of information regarding issues of equity in education. The contents of this guide were developed under a grant from the U.S. Department of Education under the Statewide Family Engagement Centers program. However, the contents of this guide do not necessarily represent the policy or views of the Department of Education, and you should not assume endorsement by the Department of Education or federal government, generally.

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