



Collaborative Action *for* Family Engagement

Learning at Home



Photo by Vika Glitter,

Pexels

New year, new opportunities to support school and family partnerships, and learning at home!

What is CAFE?

Collaborative Action for Family Engagement (CAFE) is a program at MAEC serving Maryland and Pennsylvania. We engage in high-impact, culturally responsive family engagement. By building partnerships among schools, families, and community organizations, we improve all students' development and academic achievement.

CAFE Newsletter Survey



We want to hear from you!

Please take a moment to fill out our quick 5-minute survey to help us improve future editions of Learning at Home. Your email will not be attached to the survey to ensure your privacy.

Thank you for your participation!

[Complete Survey](#)

Resources for Families

You Are an Advocate!





Photo by Chris Benson,

Unsplash

You are your child's best advocate. Need strategies to help you along the way? Check out the resources below.

[Unlocking the Power of Family Math: Making it Easy and Fun!](#) (webinar)

NAFSCE and CEFAM at MAEC

Join us February 1 and learn about Family Math and ways to cultivate a positive math learning culture at home. Overcome misconceptions of math being too difficult and not fun and get the tools for success.

[How to talk to your children about hate speech](#) (webpage)

UNICEF

Whether in person or online, almost all children and young people will encounter hate speech at some time. As a parent, it's important to talk to your child about hate speech, to help them recognize it and know what to do when they encounter it.

[IEP information for families: Spanish version w/ English subtitles](#) (video)

Colorin Colorado

Cristina Sánchez-López explains what an IEP is for families and talks about some of the rights that they have related to IEPs.

[Resource Roundup: Reading Tips for Parents](#) (webpage)

National Education Association (NEA)

In partnership with WETA, the National Education Association (NEA) is thrilled to

present tips on understanding early literacy needs, teaching phonics, navigating IEPs, establishing reading routines – and, above all, sharing a love of stories with children.

Financial Literacy is a Family Matter



Photo by Andrea

Piacquadio, Pexels

Parents are their children's first teachers, and when kids learn financial literacy from a young age, they are more likely to make wise financial decisions as they grow up. By using the resources below, families can build a strong financial foundation and learn how to teach their children about this important life skill.

[11th Annual Financial Literacy Scholarship Competition](#) (scholarship opportunity)

Harrisburg University, Pennsylvania Department of the Auditor General, Members 1st Federal Credit Union

9th-12th grade students across the Commonwealth of Pennsylvania Students: share your perspectives, stories, and beliefs for “WHAT DOES FINANCIAL LITERACY MEAN TO ME?” Submissions should be a short essay or poem, in any creative format: video, design, audio recording, or simply a document. Applications are due March 17, 2024.

[Next Gen Personal Finance Arcade](#) (online games and worksheets)

Next Gen Personal Finance

Engage students in financial decision-making with these free online games. Boost critical thinking skills by pairing gameplay with insightful activity worksheets and reflection questions.

Mindfulness Corner



Photo by Polina

Tankilevitch, Pexels

Mindfulness practices can be helpful for families and children to reduce stress and

anxiety, improve focus and emotions, and promote better sleep and well-being. The resources below can support your mindfulness journey whether you're new to mindfulness or looking for additional resources.

[How to protect your family's mental health](#) (webpage)

UNICEF

How do I keep my child motivated? What can I do to help protect my child's mental health? Psychologist and child development expert Dr. Lisa Damour answers these questions and more.

[Parenting, Media, and Everything in Between](#) (webpages)

Common Sense Media

From how to support preteen and teen girls with their mental health and well-being to practical tips for easing kids' social media anxiety, Common Sense Media offers articles on parenting, media, and everything in between.

Are you on X? Follow [@CAFE_MAEC](#) for the latest CAFE news!



MAEC's [Collaborative Action for Family Engagement](#) (CAFE) program is funded by the US Department of Education under Title IV, part E of the Elementary and Secondary Education Act of 1965 (ESEA). CAFE is one of twelve statewide family engagement centers.

MAEC is committed to the sharing of information regarding issues of equity in education. The contents of this guide were developed under a grant from the U.S. Department of Education under the Statewide Family Engagement Centers program. However, the contents of this guide do not necessarily represent the policy or views of the Department of Education, and you should not assume endorsement by the Department of Education or federal government, generally.

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