



Collaborative Action *for* Family Engagement

Learning at Home



Photo by August de Richelieu, Pexels

As the sun sets on summer and the back-to-school buzz begins, Learning at Home is here with new resources to support school and family partnerships, and opportunities to support learning at home.

What is CAFE?

Collaborative Action for Family Engagement (CAFE) is a program at MAEC serving Maryland and Pennsylvania. We engage in high-impact, culturally responsive family engagement. By building partnerships among schools, families, and community organizations, we improve all students' development and academic achievement.

Join us Today!

Are ALL the Children Well? 2.0

Session Three



How Can We Support Unaccompanied Migrant Youth? Recognition, Reunification, and Resources

How Can We Support Unaccompanied Migrant Youth? Recognition, Reunification, and Resources

August 17, 2 pm (ET)

In the five-part "Are ALL the Children Well?" 2.0 series, we delve deeper into the topic of homelessness and family engagement.

In the 2023 fiscal year, nearly 50,000 unaccompanied migrant youth were released to sponsors while awaiting their immigration proceedings (Migration Policy Institute). Under the McKinney-Vento Act, schools are required to enroll and educate these youth. What resources do schools need as they support youth during the immigration process? We invite school teams and community organizations to learn from professionals in the field about policies and practices that can support and welcome unaccompanied migrant youth.

In this webinar, participants will:

- Learn to identify signs that a youth is unaccompanied
- Explore effective strategies and approaches for reunification
- Identify supportive organizations and resources available for unaccompanied youth

[Learn more and register here](#)

Resources for Our Families

You Are an Advocate!



Photo by Andrea Piacquadio, Pexels

You are your child's best advocate. Need strategies to help you along the way? Check out the resources below.

[Parental Involvement in Your Child's Education](#) (webpage)

Annie E. Casey Foundation

For decades, researchers have pointed to one key success factor that transcends nearly all others, such as socioeconomic status, student background, or the kind of school a student attends: it's parental involvement. Learn about the data and strategies to get involved in this article.

[Parents: 19 Meaningful Questions You Should Ask Your Child's Teacher](#)

(webpage)

Edutopia

Includes questions families can ask their child's teacher to gain insights into academic

standards, teaching methods, learning strategies, and resources used in the classroom to support their child's education and development.

[7 Strategies to Help Kids Start the School Year Strong](#) (webpage with downloadable resource)

National Association of Elementary School Principals (NAESP)

A strong foundation as the school year begins can set the tone for the rest of the school year. As children gear up to head back to school, families can use these strategies to get their kids excited for school and start the year strong.

(Available in English and Spanish)

Financial Literacy is a Family Matter!



Parents are their children's first teachers, and when kids learn financial literacy from a young age, they are more likely to make wise financial decisions as they grow up. By using the resources below, families can build a strong financial foundation and learn how to teach their children about this important life skill.

[Financial Fitness for Life: Parents Guide](#) (downloadable resources)

Econ Ed Link

Parent Guides are a first-time-ever curriculum developed for parents to begin sharing Financial Fitness for Life with their children at every grade level. The lessons are simple, with exercises families can guide or explore together.

[Hands on Banking](#) (webpage)

Wells Fargo- Hands on Banking

The Hands on Banking financial education program can help you learn more about money management. They also offer a separate [website for youth](#).

[Youth Financial Literacy Classes](#) (in person classes located in District Heights, MD)

City of District Heights, MD

The City of District Heights: Recreation and Culture offers in-person financial literacy classes in age appropriate groupings for youth aged 4-17 on the third Thursday of the month.

Mindfulness Corner





Photo by Pavel

Danilyuk, Pexels

Mindfulness practices can be helpful for families and children to reduce stress and anxiety, improve focus and emotions, and promote better sleep and well-being. The resources below can support your mindfulness journey whether you're new to mindfulness or looking for additional resources.

[Guided Mindfulness & Compassion Practices](#) (PDF with hyperlinks to audio recordings)

Center for Child and Family Well-Being at the University of Washington

This resource offers audio guides for mindfulness and compassion practices, practices for parenting and connecting with children, and practices for tuning into the body and senses.

[Mindfulness for Children](#) (webpage)

The New York Times

Learn basic mindfulness tips for children and adults of all ages, as well as several activities that develop compassion, focus, curiosity, and empathy.

[School Mornings Without the Stress](#) (webpage)

Child Mind Institute

Get your child up and out the door with the least amount of conflict with suggestions from David Anderson, PhD, a clinical psychologist at the Child Mind Institute.



MAEC's [Collaborative Action for Family Engagement](#) (CAFE) program is funded by the US Department of Education under Title IV, part E of the Elementary and Secondary Education Act of 1965 (ESEA). CAFE is one of twelve statewide family engagement centers.

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