

Collaborative Action for Family Engagement

Learning at Home



Ready for the end of the school year? As you settle into the summer break, Learning at Home has resources to support continued school and family partnerships, and opportunities for families to support learning at home.

This June, we celebrate LGBTQIA+ Pride Month! Check out the "Resources for Our Families" section for new tools to learn about LGBTQIA+ history through books, movies, and more.

What is CAFE?

Collaborative Action for Family Engagement (CAFE) is a program at MAEC serving Maryland and Pennsylvania. We engage in high-impact, culturally responsive family engagement. By building partnerships among schools, families, and community organizations, we improve all students' development and academic achievement.

Upcoming Events

Are ALL the Children Well? 2.0

Session Two



Aging Out of Foster Care:
How do we mitigate the risk of
homelessness for students
transitioning out of foster care?

Aging Out of Foster Care: How do we mitigate the risk of homelessness for students transitioning out of foster care?

June 22, 2023, 2:00 pm (ET)

Join MAEC for a five-part webinar series, "Are ALL the Children Well?" 2.0, on homeless education and family engagement.

Each year, nearly 20,000 youth exit foster care. Without systems in place to support their transition into adulthood, these youth experience an increased risk of homelessness (Annie E. Casey Foundation, 2023). What needs to change so former foster care youth are set up for success?

We invite school teams and community organizations to learn from professionals in the field about policies and practices that can support former foster care youth as they transition into adulthood.

In this webinar, participants will:

- Gain knowledge of the foster care system and the Independent Living Program
- Identify policies, practices, and systems of support available to students in foster care who are transitioning into adulthood
- Identify effective policies and practices that will lead to the development of impactful strategies

Register here

Resources for Our Families

You Are an Advocate!





Photo by Chokniti Khongchum, Vecteezy

You are your child's best advocate. Need strategies to help you along the way? Check out the resources below.

Fun Ideas for Family Engagement: Summer (downloadable resource)

Maryland Families Engage, Division of Early Childhood

Summer is finally here, and it's time to #SeekOutdoorAdventures! View four ideas for at-home adventures and two bonus tips for plans to hit the road this summer.

<u>Maryland Summer Camps and Programs</u> (webpage)

211 Maryland

Are you wondering how to keep your child active while they are on summer break? Use this resource to find free or low-cost recreation programs in your area.

Pride Month Resources List (webpage)

MAEC

This Pride Month, we celebrate the histories, cultures, and contributions of LGBTQIA+ Americans. There is a section specifically dedicated to resources for children at the bottom of the list in our "Kids' Corner"!

Questions Often Asked by Parents about Special Education Services (webpage)

Center for Parent Information and Resources

Learn how to have your child evaluated (at no cost to you) to learn why they are having difficulty in school, what the evaluation process involves, and how special education can support your child's learning.

Financial Literacy is a Family Matter!





Photo by Mikhail Nilov, Pexels

Parents are their children's first teachers, and when kids learn financial literacy from a young age, they are more likely to make wise financial decisions as they grow up. By using the resources below, families can build a strong financial foundation and learn how to teach their children about financial literacy.

Career Exploration

U.S. Bureau of Labor Statistics

Explore careers based on your interests! Students can use this site to learn about the education and skills necessary for various careers, as well as the pay, job outlook, work environment, and more.

Financial Football

Visa and The National Football League

Learn financial concepts with Financial Football, a fast-paced, interactive game that engages students while teaching them money management skills. Resources and modules for teachers are also available.

Money Smart (webpage)

Federal Deposit Insurance Corporation (FDIC)

The FDIC Money Smart financial education program can help people of all ages enhance their financial skills and create positive banking relationships. First released in 2001 and regularly updated since then, Money Smart has a long track record of success.

Mindfulness Corner





Photo by Debby Hudson, Unsplash

Mindfulness practices can be helpful for families and children to reduce stress and anxiety, improve focus and emotions, and promote better sleep and well-being. The resources below can support your mindfulness journey whether you're new to mindfulness or looking for additional resources.

10 Mindful Summer Activities for Kids (webpage)

Mindful Schools

These mindful summer activities help kids learn to pay attention to their bodies, their minds, and their feelings.

30 Mindfulness Activities for Parents to Help You Relax and Focus on the Present (webpage) Waterford.org

Spending just a few minutes focusing on and accepting your thoughts, sensations, or emotions can help you recharge and face whatever the day holds for you and your family. These 30 activities were selected with parents in mind, and they are great for practicing a little mindfulness every day. Try a few by yourself or with your children to see which exercises work best for you.

Mindfulness Classes for Kids (videos)

Mindful Schools

Enjoy 10 free online mindfulness classes for kids, designed with K-5 students in mind. From mindful breathing to chair yoga, these classes can be fun for the whole family!

<u>Please Touch Museum - Ready, Set, School (events)</u>

Please Touch Museum

Learn about healthy habits and practices through play-based experiences, while enjoying free admission on three designated Sundays during summer 2023. *The museum is located in Philadelphia, PA.*

MAEC's <u>Collaborative Action for Family Engagement</u> (CAFE) program is funded by the US Department of Education under Title IV, part E of the Elementary and Secondary Education Act of 1965 (ESEA). CAFE is one of twelve statewide family engagement centers.

MAEC is committed to the sharing of information regarding issues of equity in education. The contents of this guide were developed under a grant from the U.S. Department of Education under the Statewide Family Engagement Centers program. However, the contents of this guide do not necessarily represent the policy or views of the Department of Education, and you should not assume endorsement by the Department of Education or federal government, generally.

Forward to a Friend