

## Collaborative Action *for* Family Engagement

Learning at Home



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Summer is in full swing and Learning at Home has resources to support continued school and family partnerships, and opportunities to support learning at home.

### What is CAFE?

Collaborative Action for Family Engagement (CAFE) is a program at MAEC serving Maryland and Pennsylvania. We engage in high-impact, culturally responsive family engagement. By building partnerships among schools, families, and community organizations, we improve all students' development and academic achievement.

### **Upcoming Opportunity**

# Reframing Academy



### NAFSCE Reframing Academy

**Begins July 12th** 

What hinders effective Family Engagement communication? NAFSCE's Reframing Academy leads learners through ten virtual modules, which break down the problems that stand in our way in communicating effectively about family engagement, and identify research-backed strategies we can use as advocates to solve those problems and change the way people think about family engagement.

Register by July 11th!

Learn more and register here

### **Resources for Our Families**

### You Are an Advocate!





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You are your child's best advocate. Need strategies to help you along the way? Check out the resources below.

### 3 Ways to Promote Family-School Partnerships Over the Summer (webpage with

downloadable resource)

#### Carnegie Learning

Cultivating strong family-school partnerships can be especially challenging over the summer. This resource outlines three things schools or districts can do to strengthen communication networks and feelings of belonging while students are on vacation.

### Family Engagement: Assumptions Made, Lessons Learned (webinar)

Tuesday, July 25, 2023, 4-5 pm (ET) *EdWeb* 

In this edLeader Panel, two family engagement experts (including CAFE's own Jessica Webster) will share stories from the field about assumptions they've made about families that turned out not to be true. They'll share what they learned from these experiences and how they led to new systems and tools to break down barriers to engagement and respond to families' strengths and needs.

### Ready4K Videos (videos)

#### Ready4K

We suggest the webinar "How to Fight the Summer Slide" for practical tips and protocols designed to keep the learning going all summer long.

### **Financial Literacy is a Family Matter!**





Photo by Gustavo Fring, Pexels

Parents are their children's first teachers, and when kids learn financial literacy from a young age, they are more likely to make wise financial decisions as they grow up. By using the resources below, families can build a strong financial foundation and learn how to teach their children about financial literacy.

### How Money Smart Are You? (online games)

### Federal Deposit Insurance Corporation (FDIC)

How Money Smart Are You? is a suite of 14 games and related resources about everyday financial topics such as borrowing, saving, earning, and spending. It's based on FDIC's award-winning Money Smart program.

### Information about Social Security (webpage)

### Social Security Administration (SSA)

Here you will find what every kid and parent should know about Social Security. This site provides materials for children and parents to learn about Social Security and why it is important for families.

### Consumer Finance Protection Bureau (CFPB)

Money as You Grow Bookshelf lets you build on the time you may already spend reading together, and helps you bring money topics to life through storytime.

### Mindfulness Corner





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Mindfulness practices can be helpful for families and children to reduce stress and anxiety, improve focus and emotions, and promote better sleep and well-being. The resources below can support your mindfulness journey whether you're new to mindfulness or looking for additional resources.

### <u>The Basics of Meditation for Kids of Any Age</u> (webpage) Healthline

Explore the basics of meditation, its benefits, and tips on how to give your children of all ages the tools they need to practice.

Flow and Steady (videos, downloadable resources, blogs)

### Go Noodle

Tune into your body, your surroundings, and focus on your mental health.

### How to Help Children Stay Present with Mindfulness Activities (webpage)

#### Nebraska Department of Education

Take a deep breath in, hold for three seconds, and let it out. Simple activities like these can help you become more aware of the present.

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