

Allegra Kogan <allegra@maec.org>

## MAY we introduce this month's Learning at Home!

1 message

Rita Perez, MAEC <info@maec.org> Reply-To: info@maec.org To: allegra@maec.org

Mon, May 8, 2023 at 12:44 PM



# Collaborative Action for Family Engagement

# **Learning at Home**



May has arrived, and with it comes the promise of warmer weather, longer days, and opportunities to promote family engagement.

This month we celebrate Asian American and Pacific Islander Heritage Month and Jewish American Heritage Month! This newsletter shares resources related to these commemorations.

#### What is CAFE?

Collaborative Action for Family Engagement (CAFE) is a program of MAEC serving Maryland and Pennsylvania. We engage in high-impact, culturally responsive family engagement. By building partnerships among schools, families, and community organizations, we improve all students' development and academic achievement.

# **Upcoming Events**

Are ALL the Children Well? 2.0

Session One

# **Beyond the Coat Drive:** What do youth experiencing homelessness REALLY need?

Beyond the Coat Drive: What do youth experiencing homelessness REALLY need? May 11, 2023 1:00 pm (ET)

Join MAEC for a five-part webinar series, "Are ALL the Children Well?" 2.0, on homeless education and family engagement beginning this May.

How does homelessness impact students' education experiences? Our first session on

May 11 features a youth panel with three SchoolHouse Connection Scholars to address this question. SchoolHouse Connection is a national non-profit working to overcome homelessness through education in partnership with families and educators.

In this webinar, participants will:

- Understand the impact of homelessness on student achievement and access to education
- Identify youth homelessness crises and services that SchoolHouse Connections provides
- Learn about the barriers students face and the supports they found most helpful

Register here

# **Resources for Our Families**

You Are an Advocate!





Photo by Any Lane, Pexels

You are your child's best advocate. Need strategies to help you along the way? Check out the resources below.

## Asian American and Pacific Islander (AAPI) Heritage Month Resources List (webpage) MAEC

This Asian American and Pacific Islander (AAPI) Heritage Month, we celebrate the histories, cultures, and contributions of AAPI Americans. We invite you and your family to expand your knowledge and awareness of the experiences and histories of AAPI Americans. From lesson plans to movie recommendations, our resource list can help get you started. There is a section specifically dedicated to resources for children at the bottom of the list in our "Kids' Corner"!

## **Education Timeline: The Ultimate Parent Guide for Navigating Pre-K Through Graduation** (online and downloadable)

We Go Public

Deciding where to attend school is one step on a child's educational journey. Another step is navigating what to expect along the way. Organized by grade levels, the Education Timeline

helps families navigate the choices, opportunities, and requirements from Pre-K through graduation in public schools.

#### <u>Jewish American Heritage Month Resources List</u> (webpage)

MAEC

This Jewish American Heritage Month, we celebrate the histories, cultures, and contributions of Jewish Americans. We invite you and your family to expand your knowledge and awareness of the experiences and histories of Jewish Americans. From lesson plans to movie recommendations, our resource list can help get you started. There is a section specifically dedicated to resources for children at the bottom of the list in our "Kids' Corner"!

#### What Parents Need to Know about Special Education Rights (webpage)

Special Needs Alliance (SNA)

Many families, at some point, may wonder if their child has a learning or emotional disability or special needs. This resource addresses common questions families have related to special education process in public schools, The Individuals with Disabilities Education Act (IDEA), and more.

# **Financial Literacy is a Family Matter!**





Photo by Surface, Unsplash

Parents are their children's first teachers, and when kids learn financial literacy from a young age, they are more likely to make wise financial decisions as they grow up. By using the resources below, families can build a strong financial foundation and learn how to teach their children about financial literacy.

#### 9 Take-Home Activities That Teach Financial Literacy

#### We Are Teachers

Financial literacy is a great way to bridge home and school when it comes to math. These resources from Hands on Banking can be used as stand-alone resources to send home to families, or to bridge classroom lessons to home.

## Money Talks: A 5-part Online Series for Middle School Families (Available in English and <u>Spanish</u>) (online modules)

The Ohio Statewide Family Engagement Center

Money Talks is a short, family-friendly online series about talking to your middle school child about money. For each of 5 topics, you will find conversation starters to use at home with your child(ren), quotes from parents/caregivers, games, activity ideas, and other resources.

### Saving, Spending, Sharing (video with handout)

Sesame Workshop

Help kids learn the value of money when they spend, share, and save. This resource includes a video and activity for families to complete together.

## Mindfulness Corner





Photo by Jimmy Dean, Unsplash

Mindfulness practices can be helpful for families and children to reduce stress and anxiety, improve focus and emotions, and promote better sleep and well-being. The resources below can support your mindfulness journey whether you're new to mindfulness or looking for additional resources

Foster Resilience: Teaching Mindfulness to Children (webpage)

The Children's Trust

This resource list offers websites and other ideas to promote mindfulness.

#### Mindful Parent, Mindful Child (audiobook)

Susan Greenland

With Mindful Parent, Mindful Child, Susan Greenland presents an audio journey created to help families discover the life-changing power of mindfulness together—in just ten minutes a day.

#### Teaching Children Mindfulness Through Gameplay (webpage)

Health News

Strategies to support teaching mindfulness to children through play--no screens required!

Are you on Twitter? Follow us <a><u>@CAFE\_MAEC</u></a> for the latest CAFE news!









MAEC's Collaborative Action for Family Engagement (CAFE) program is funded by the US Department of Education under Title IV, part E of the Elementary and Secondary Education Act of 1965 (ESEA). CAFE is one of twelve statewide family engagement centers.

MAEC is committed to the sharing of information regarding issues of equity in education. The contents of this guide were developed under a grant from the U.S. Department of Education under the Statewide Family Engagement Centers program. However, the contents of this guide do not necessarily represent the policy or views of the Department of Education, and you should not assume endorsement by the Department of Education or federal government, generally.

#### Forward to a Friend

Mid-Atlantic Equity Consortium, Inc. · 5272 River Road, Suite 340 · Bethesda · Maryland · 20816

Preferences | Unsubscribe

This email was sent to allegra@maec.org.

Click here to view the online version.