



MAECC

Collaborative Action *for* Family Engagement

Learning at Home



As the weather starts to warm up and the days get longer, it's a great time to reconnect with your family and explore new opportunities for engagement, learning, and fun. Read on for new family engagement strategies in the latest edition of Learning at Home.

This month is Women's History Month! For articles, books, videos, and more that uplift the contributions of women throughout history this (and every) month, check out MAEC Women's History Month Resource List below.

What is CAFE?

Collaborative Action for Family Engagement (CAFE) is a program of MAEC serving Maryland and Pennsylvania. We engage in high-impact, culturally responsive family engagement. By building partnerships among schools, families, and community organizations, we improve all students' development and academic achievement.

Resources for Our Families

You Are an Advocate!





Photo by Matilda Wormwood, Pexels

You are your child's best advocate. Need strategies to help you along the way? Check out the resources below.

[Launching Young Readers series: Empowering Parents](#) (Video)

Reading Rockets & PBS

Empowering Parents helps families identify the early signs of reading problems and provides advice for navigating the school system in order to get kids assistance. Features host AI Roker.

[Partnering with Families in the Digital Learning Process](#) (Recorded webinar)

Center for Parent Information and Resources

This session explored how meaningful engagement with families supports the development of an inclusive education ecosystem.

[Women's History Month Resource List](#) (Webpage)

MAEC

This Women’s History Month, we celebrate the histories, cultures, and contributions of women of diverse backgrounds, considering race, culture, religion, and sexual orientation. We invite you and your family to expand your knowledge and awareness of the experiences and histories of women. From lesson plans to movie recommendations, our resource list can help get you started.

Financial Literacy is a Family Matter!



It's important that children understand the value and importance of money at a young age. Explore these resources on how to share financial literacy with your children.

[Family Financial Strain](#)

American Psychological Association

What's the best way to discuss financial limits as a family without stressing out children? How can parents support children's well-being while taking care of their own? Financial strain can be hard on kids due to its effects on parents, but there are ways to help, backed up by decades of psychological research.

[Marriage, Kids, and Money Podcast](#)

Marriage, Kids, and Money

Each week, Andy Hill interviews personal finance experts, millionaire parents, and financially independent couples to find out how they achieved their success. He then takes that information and breaks it down into digestible takeaways that will help you win with money.

[Operation Hope: Youth](#)

Operation Hope

Operation HOPE offers programs for both school-age youth as well as young adults to provide age-appropriate financial education during a young person's formative years.

Mindfulness Corner





Photo by Kamaji Ogino, Pexels

It's essential as a family to find peace during stressful times. These techniques build on skills to create more serenity at home.

[Mindfulness Practices for Families](#)

Zero to Three

Mindfulness is noticing what's going on outside—and inside—of us with acceptance and kindness. As mindful parents, we can be curious and open to understanding what our children are feeling and experiencing. The mindfulness exercises here are designed to help both parent and child experience a sense of calm connection.

[Top 50 Mindfulness Resources for Children & Teens](#)

Big Life Journal

Here's a list of helpful apps, books, and videos to share with your children and teens to help bring the concept and practice of mindfulness into your homes and classrooms.

Are you on Twitter? Follow us [@CAFE_MAEC](#) for the latest CAFE news!



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