



Collaborative Action *for* Family Engagement

Learning at Home



Photo by Victoria Akvarel, Pexels


Happy December! As the weather gets colder, cozy up with this month's *Learning at Home*.

This month CAFE is featuring *Tech Tips: A guide on technology and electronic resources for families and caregivers*. Discover ways to utilize technology for learning with this new resource.

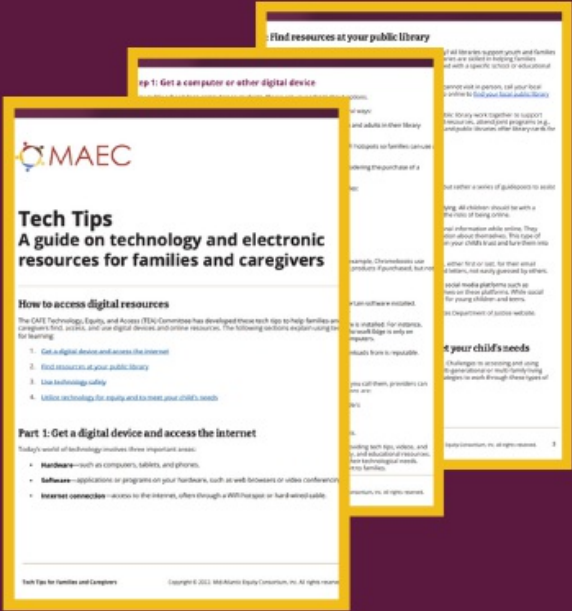
What is CAFE?

Collaborative Action for Family Engagement (CAFE) is a program of MAEC serving Maryland and Pennsylvania. We engage in high-impact, culturally responsive family engagement. By building partnerships among schools, families, and community organizations, we improve all students' development and academic achievement.

New from CAFE



Collaborative Action for Family Engagement



Tech Tips
A guide on technology and electronic resources for families and caregivers

How to access digital resources

Part 1: Get a digital device and access the internet

Tech Tips: A guide on technology and electronic resources for families and caregivers

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The CAFE Technology, Equity, and Access (TEA) Committee developed this resource to help families and caregivers find, access, and use digital devices and online resources to support the development of technological literacy. Divided into four steps, the guide walks users through getting a digital device and accessing the internet, finding resources using the public library, how to use technology safely, and how to utilizing technology for equity and meeting children's needs.

Access Tech Tips



Corner CAFE

A Community of Practice for MD and PA family engagement practitioners

Join us at the **Corner Cafe!** The Corner Cafe is an interstate Community of Practice that brings together practitioners dedicated to bolstering family engagement practices in our districts, schools, and communities in Maryland and Pennsylvania. We will meet monthly over the course of eight months to promote best practices and resources and tackle challenges practitioners face around family engagement. Our next session is **Fostering Positive, Respectful and Empathetic Relationships**.

Fostering Positive, Respectful and Empathetic Relationships

January 23, 2023 9:30-11:00 am

Discover how the tenants of restorative practices can enhance your ability to foster positive, respectful, and empathetic relationships. *Full description will be included in our January newsletter.*

Upcoming sessions:

- February 13, 1-2:30 pm
- March 13, 9:30-11 am
- April 17, 1-2:30 pm
- May 8, 9:30-11 am
- June 12, 1-2:30 pm

Register for the Corner CAFE

Resources for Our Families

You Are an Advocate!



Photo by Cottonbro Studios,

Pexels

You are your child's best advocate. Need strategies to help you along the way? Check out the resources below.

[**Everyone Wins!: The Evidence for Family-School Partnerships and Implications for Practice \(Book\)**](#)

Karen L. Mapp, Anne Henderson, Stephany Cuevas, Martha Franco

Engaging families in education not only improves student achievement, but also strengthens families, boosts teacher effectiveness, and builds community. Everyone wins! In this easy-to-use guide, a Harvard-based team uses the latest research to help teachers, administrators, and FACE coordinators design and implement programs wisely and with confidence that all students will benefit.

Have a Concern about School? Tips for Talking to the Teacher

NAEYC

Here are some tips to address concerns with teachers. Unless it is an urgent safety issue, it is OK not to react immediately and take some time to collect your thoughts.

Financial Literacy is a Family Matter!



Photo by Rodnae Productions, Pexels

It’s important that children understand the value and importance of money at a young age. Check out these resources on how to share financial literacy with your children:

Ways to Teach Kids About Money

U.S. News

Teaching kids about money, including how to save and spend wisely, can set them up for

long-term success.

6 Important Money Management Lessons for Kids

Intuit Mint

At its most fundamental, teaching money management to children is about setting a good example. You should also take the time to help your children learn how to manage money with specific lessons. Here you will find six good money management lessons to teach your kids.

Mindfulness Corner



Photo by Vanessa Loring,

Pexels

It’s essential as a family to find peace during stressful times. These techniques build on skills to create more serenity at home.

Mindfulness at Mealtime: Tips for Bringing Presence & Kindness into Daily Family Life

MindfulSchools.org

Find activities and tips for bringing mindfulness to the heart of family life--the dinner table. These tips are gleaned from parenting experience as well as more than ten years of developing and teaching mindfulness to families (the IMCW Family Mindfulness Program)

Mindfulness activity for children, teenagers, and parents

RaisingChildren.net.au

Mindfulness is focusing your complete attention on what’s happening right now. It’s also letting your thoughts and worries come and go without judgment. When you encourage children to be mindful, it can help them develop skills to deal with the stress of study, work and play as they get older.

Are you on Twitter? Follow us [@CAFE_MAEC](#) for the latest CAFE news!



MAEC's [Collaborative Action for Family Engagement](#) (CAFE) program is funded by the US Department of Education under Title IV, part E of the Elementary and Secondary Education Act of 1965 (ESEA). CAFE is one of twelve statewide family engagement centers.

MAEC is committed to the sharing of information regarding issues of equity in education. The contents of this guide were developed under a grant from the U.S. Department of Education under the Statewide Family Engagement Centers program. However, the contents of this guide do not necessarily represent the policy or views of the Department of Education, and you should not assume endorsement by the Department of Education or federal government, generally.

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